

WRAMTA14: Empower, Integrate, Sustain

Portland, Oregon March 27-29, 2014

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Institute Information

Institute ~ Sound Birthing Music Therapy Assisted Childbirth

22 Credit Hours \$475 early, \$500 regular, \$525 late

Mary P. DiCamillo, EdD, MT-BC and Lillieth Grand, MS, MT-BC

Tuesday 3/25/2014 12:00 noon to 9:30 pm, Wednesday 3/26/2014 8:30 am to 6:00 pm, and Thursday 3/27/2014 8:30 am to 12:30 pm

Prerequisites: None

This 22-credit-hour, interactive institute is designed to introduce music therapists to the clinical applications of Music Therapy Assisted Childbirth and the field of Pre and Peri-Natal Music Therapy. Participants will engage in group discussions and experiential exercises to learn about and practice Music Therapy techniques for use during the labor and birthing process. Participants will also learn about the Sound Birthing Music Therapy processes, the history and research in birthing and MTACB, as well as learn how to use and create new Sound Birthing programs. Finally strategies for organizing a private practice, PR, networking, ethical, and legal obligations will be presented.

Learning Objectives:

1. Participants will identify the functions of music in labor and birth to decrease pain during labor and birthing (CBMT II A 2 x)
2. Participants will learn documentation skills for the 6 steps of the Sound Birthing Music Therapy Assisted Childbirth Treatment Process. (CBMT IV B 1)
3. Participants will identify difficult situations/presentations in labor and birthing and how music can support the patient through them. (CBMT I B 2)
4. Participants will assess labor progress in a simulation and select appropriate music and support for a birthing woman. (CBMT I B 3)

Mary P. DiCamillo, EdD, MT-BC, has been a music therapy clinician, educator and researcher for the past twenty years. Her doctoral dissertation "A Bio-Psycho-Social Model of Music Therapy Assisted Childbirth: An Integrative Approach to Working With Families, served as the impetus for her work in Pre and Peri-Natal Music Therapy and the development of the Sound Birthing Program.

Lillieth Grand, MS, MT-BC has been a music therapist for over 20 years. Most of her experience is with children, but she also has assisted many women in childbirth and worked with couples prenatally. Lillieth has also held multiple positions with WRAMTA and is currently Vice President and Conference Chair.

For more information about Sound Birthing, the company that designed and will be teaching this Institute, go to: <http://soundbirthing101.blogspot.com/>

Institute ~ Empower YOU: How to integrate best business practices to launch and sustain your career!

17 Credit Hours \$375 early, \$400 regular, \$425 late

Kat Fulton, MM, MT-BC and Tim Ringgold, MT-BC

Tuesday 3/25/2014 12:00 noon to 9:30 pm to Wednesday 3/26/2014 6:00 pm

How many hours do we devote to developing clinical skills versus business skills in school? In this institute, participants will learn to integrate 15 key business principles that successful professionals in all industries leverage. Whether an employee, entrepreneur, student, or intern, these indispensable ingredients empower the participant to feel confident, competent, and accomplished in all areas of being a professional. Participants work with an interactive action guide that, at the end of the course, will serve as a road map to implementation. Post-Institute support will be available to every participant to sustain the breakthroughs they invent during the course as well. Prerequisites: None

Learning Objectives:

1. Participants will learn how to use 5 aspects of personal development to start out successfully in their careers. (SOP IV. B. 17.)
2. Participants will fill out a Proprietary Personality Profile to understand where they fit in their work team(s), and how to leverage their strengths. (SOP IV. B. 13.)
3. Participants will assess 7 areas of professional growth and set goals.(SOP IV.A.1)
4. Participants will be able to describe the 3 key elements to financial literacy in maintaining a music therapy program. (SOP IV. B. 14.)

Kat Fulton, MM, MT-BC founded Sound Health Music LLC in 2005. Her company oversees 3 divisions: MusicTherapyEd.com continuing education for music therapists, Music therapy contracts in San Diego, and RhythmForGood.com rhythm-based wellness products for drum circle facilitators and music therapists.

Tim Ringgold, MT-BC is Director of Sonic Divinity LLC in Orange, CA where he specializes in medical music therapy and addiction. Additionally, Tim is a performance coach, speaker, and author.

For more information about Empower U Academy, the company that designed and will be teaching this institute, go to: <http://empower-u-academy.com/live/>

Statement of Relationship

All institutes and CMTE courses offered at the 2014 WRAMTA Annual Conference are approved by the Certification Board for Music Therapists (CBMT) for the listed number of Continuing Music Therapy Education (CMTE) credits. Credits awarded by CBMT are accepted by the National Board for Certified Counselors (NBCC). The Western Region Chapter of the American Music Therapy Association, Inc., #P-060 maintains responsibility for program quality and adherence to CBMT policies and criteria.

CMTE Information

CMTE A ~ Supervising the Music Therapy Intern AMTA AIAC

5 Credit Hours FREE! early, FREE! regular, \$20 late

Andrea Scheve, MM, MT-BC

Thursday 3/27/2014 8:00 am to 12:30 pm

Prerequisites: None

This CMTE is provided at no cost to attendees of the WRAMTA conference who are interested in applying for AMTA National Roster Internship, or gaining more knowledge in supervision of the music therapy intern according to the AMTA National Roster Internship guidelines. This training is offered as part of the AMTA Association Internship Approval Committee (AIAC).

Learning Objectives:

1. Participants will receive instruction on how to apply for National Roster Internship to engage in Professional Development and Responsibilities. CBMT IV. B. 8. Supervise staff, volunteers, practicum students, or interns.
2. Participants will learn appropriate evaluation methods for MT Interns. CBMT III. B. Evaluation (as it relates to interns, not clients).
3. Participants will learn how to assess MT Intern's developmental process, and how to appropriately support the intern throughout the internship experience. CBMT 1.A. Assessment and Treatment Planning (as it relates to interns, not clients).

Andrea Scheve, MM, MT- BC is the AMTA AIAC Representative for the Western Region, and serves on the AMTA Professional Competencies Task Force. She currently works for Seasons Hospice & Palliative Care based in Orange, CA.

CMTE B ~ The Way of Music - Unlocking the Power of Clinical Improvisation

5 Credit Hours \$69 early, \$79 regular, \$89 late

Kalani Das, MT-BC

Thursday 3/27/2014 8:00 am to 12:30 pm

Prerequisites: Functional musical skills using voice or an instrument. Attendees are welcome to bring personal instruments.

Clinical Improvisation is what makes music therapy a unique and powerful profession and it's a required skill set for every MT. Unlock your full potential for teaching your students and serving clients as you build a solid foundation for musical and personal interactions. We will use voices and personal & provided instruments to experience, explore, and expand this crucial skill set that is at the core of all music therapy.

Learning Objectives:

1. Participants will improvise with a partner at least three times for a minimum of two minutes each time. (CBMT II.A.1.b)

2. Participants will identify at least four different clinical improvisation techniques along with their typical corresponding therapeutic objectives. (CBMT II.A.2.s)
3. Participants will identify two unique ways that improvisation can be used for assessment, treatment, or evaluation of clients. (CBMT II.A.3.c)
4. Participants will identify and perform (with a partner or group) at least two different clinical improvisation techniques and identify typical objectives associated with each. (CBMT II.A.5.h)

Kalani Das, MT-BC is currently music therapist at the Tierra Del Sol Foundation and the Centre for Neuro Skills. Past AMTA presentations include Drumming, Orff, and Ukulele sessions, an MTD Trainer, and the author of The Way of Music (Sarsen).

CMTE C ~ The Energy Science of Kenny's "Field of Play" in Music Therapy

5 Credit Hours \$69 early, \$79 regular, \$89 late

Barbara J. Crowe, MMT, MT-BC and Rich Smucker, MT-BC

Thursday 3/27/2014 1:00 pm to 5:30 pm

Prerequisites: None

First postulated by Carolyn Kenny in *The Field of Play*, this workshop will explore the biodynamic issue of energy fields as they exist in music therapy practice. Therapists influence the rhythmic dielectric fields of another – directly via our bodies to the client's, music to the client, music through the music therapist to the client. We will discuss how music therapy goals/objectives can be achieved in terms of musical energies, the importance of coherent energy fields in human functioning, and the therapist's intention as an important field in the music therapy process in light of the principles of complexity science. The concepts explored will be illustrated by videotapes of music therapy sessions and substantiated by research results, and by demonstrations.

Learning Objectives:

1. Participants will identify and describe the theory and technology applicable to demonstrating the importance of the field of intention for clinical work. (CBMT II.A.1.a.e; CBMT IV.A.7)
2. Participants will identify two techniques, derived from dynamic coherence principles and research, which will provide data useful for tracking client progress. (CBMT III.A.1,2)
3. Participants will identify two major principles from complexity science, which are directly relevant to music therapy practice. (CBMT II.A.4 f)
4. Participants will identify two major strategic tools derived from complexity science that will enhance their music therapy practice. (CBMT IV.A.1)

Barbara J. Crowe, MMT, MT-BC has been Director of Music Therapy at Arizona State University since 1981. She is a past President of NAMT and is the author of numerous publications including *Music and Soulmaking: Toward a New Theory of Music Therapy* and over 100 international, national and regional presentations.

Rich Smucker, MT-BC has authored numerous papers in microbial chemistry, directed an electron optics laboratory and has lectured in various universities as a research faculty. He has presented at numerous international conferences. He presented at a national music therapy conference and at WRAMTA conference poster sessions. As a music therapist, he has conducted numerous workshops for professional counselors and caregivers under the title, "Theater of Care".

CMTE D ~ The Intersection of Ethics, Music Therapy Practice, and Copyright Law

3 Credit Hours \$59 early, \$69 regular, \$79 late

Barbara Else, MPA, LCAT, MT-BC and Tracy Leonard-Warner, MHI, MT-BC

Thursday 3/27/2014 2:30 pm to 5:30 pm

Prerequisites: None

Technology, especially digital and computer technology, has transformed the way many music therapists design and conduct important clinical interventions. This revolution has opened up many questions related to the general topic of ethics and copyright law, licensing, and the use of music works in music therapy practice by MT-BCs. Join us as we navigate this often confusing intersection of issues surrounding the proper use of copyright protected works, including recorded music in all forms.

Learning Objectives:

1. Participants will be able to identify what mediums and techniques they utilize in music therapy practice are protected by copyright laws. (CBMT IV.B.10)
2. Participants will be able to identify ways to legally utilize a variety of mediums and techniques in their music therapy practice. (CBMT IV.B.10)

Barbara Else, MPA, LCAT, MT-BC is Sr. Policy and Research Advisor with AMTA.

Barbara supports special projects related to policy, practice, and law. Her background includes program evaluation, music in medicine, health economics and policy, and disaster services mental health.

Tracy Leonard-Warner, MHI, MT-BC is a hospice administrator with Hospice of the Valley in Phoenix. Her background includes music in medicine, healthcare innovation, and program administration. Tracy is a former Chair of CBMT.

CMTE E ~ Jana Stanfield's KISS Method of Songwriting Workshop

3 Credit Hours \$59 early, \$69 regular, \$79 late

Jana Stanfield

Thursday 3/27/2014 2:30 pm to 5:30 pm

Prerequisites: None

Would it be okay with you if writing songs got easier? Jana's songs have sold millions of copies, have been used on radio, television, and movies, and have won many Posi Awards. With Jana Stanfield's "Keep It Simple, Sweetie" Templates, you can fill in the blanks with ease. We'll start by writing Ear Worm Choruses, which can also be used as chants, memory enhancers, or mood elevators. Next, we'll add easy verses and

bridges. You'll also learn Jana's Top Secret Method of Melody Writing, but Jana says that you will have to agree to be sworn to secrecy. In practicing Jana's techniques, you'll be able to teach others how to: write unforgettable "Ear Worm" choruses, the kind that get stuck in your head, create enjoyment for your listeners, so they want to hear the song again, and help people want to sing along, which helps them remember the song.

Learning Objectives:

1. Participants will write at least 1 "unforgettable Ear Worm" chorus. (CBMT II.A.5.d)
2. Participants will identify at least _____ elements in writing memorable songs. (CBMT II.A.2.d)

Jana Stanfield's music has been featured on 20/20, Entertainment Tonight, Oprah, the movie 8 Seconds, and radio stations nationwide. Her compositions are sung by Reba McEntire, Andy Williams and others, and Jana has shared stages with fellow performers ranging from Kenny Loggins to The Dixie Chicks. Keynote Concerts, Inc. is the name of Jana's speaking business. For the past 15 years, Jana has made her living as a Keynote speaker at conferences and corporate events. Known as "The Queen of Heavy Mental," Jana describes her music as "psychotherapy you can dance to." With soaring vocals, acoustic arrangements, and meaningful lyrics, Jana Stanfield says that her goal is to use her music to give people a "faith-lift."

CMTE F ~ You Can Do It! Music Therapy Reimbursement in the Western Region 101

5 Credit Hours Discounted to \$39 early, \$49 regular, \$59 late

Angie Kopshy, MM, MT-BC and Jillian Hicks, MA, MT-BC

Sunday 3/30/2014 8:30 am to 1:00 pm

Prerequisites: None

Music therapists will learn more about the different types of reimbursement and funding for music therapy. The course will walk MTs through the process of creating personalized paperwork for families to complete, submitting claims for reimbursement and appealing denied claims. Case studies will be presented in order to personalize the process and create real-life scenarios. MTs will walk away with support resources and a step-by-step guide to seeking reimbursement.

Learning Objectives:

1. Participants will identify the steps involved with the reimbursement process including creating paperwork/forms, submitting claims to insurance companies, and appealing denied claims (CBMT III.A.6 and CBMT IV.B.13).
2. Participants will differentiate state variances in the reimbursement process (CBMT IV.B.15).
3. Participants will identify how government relations factors into the reimbursement process (CBMT IV.B.15).

Angie Kopshy, MM, MT-BC, owns a private practice in Portland, Oregon. With five years of experience, she specializes in children with autism and adults with neurologic impairments such as Parkinson's, dementia and traumatic brain injuries. She was the 2012 WRAMTA Professional Development Grant recipient.

Jillian Hicks, MA, MT-BC, works as a music therapist at Willamette Valley Hospice in Salem, OR. She specializes in medical music therapy in end of life care for adults and children. She recently had a co-authored chapter published in Music and Medicine: Integrative Models in the Treatment of Pain.

CMTE G ~ Reiki, Level I

5 Credit Hours \$69 early, \$79 regular, \$89 late

Kathy Lorenzato, MT-BC

Sunday 3/30/2014 8:30 am to 1:00 pm

Prerequisites: None

In this hands-on workshop, students will learn Reiki, Level I, a Japanese healing technique that offers an effective tool for pain control, stress/anxiety reduction, relaxation training, and self-care. Reiki has been used in Pediatrics at a UC teaching hospital for the past 14 years. Reiki has no harmful side effects and is easy to learn and easy to use. Reiki, combined with appropriate background music is a powerful combination. This presentation follows up on an article to be published in Music Therapy Perspectives in late summer 2013, "A Place for Reiki in a Music Therapy Practice."

Learning Objectives:

1. Participants will identify 3 indications for Reiki. (CBMT II.A.2.x)
2. Participants will identify 2 contraindications for Reiki. (CBMT II.A.5p)
3. Participants will demonstrate 2 Reiki hand positions on themselves. (CBMT II.A.2b)

Kathy Lorenzato, MT-BC, Reiki III, has worked at the UC Davis Children's Hospital for 25 years as Music Therapist, Reiki practitioner and teacher. Her article, "A Place for Reiki in a Music Therapy Practice".

CMTE H ~ Attachment based music therapy

5 Credit Hours \$69 early, \$79 regular, \$89 late

Stephan Betz, Ph.D., MT-BC

Sunday 3/30/2014 8:30 am to 1:00 pm

Prerequisites: Understand basics of attachment and object relations theories

Efficient therapeutic interventions for neonates, infants, toddlers and school children require that therapists understand attachment. This workshop teaches attachment theory and attachment based assessments / treatments for music therapists in inpatient, outpatient and home visiting settings, including the use of the DSMIV/V, DC0-3R, Circle of Security, and object relations based observation tools.

Learning Objectives: Participants will learn to:

1. implement attachment theory in its varied applications in clinical settings, and its use in music therapy based on practical examples. (CBMT I.C.12. & CBMT II.A.4)
2. use standardized, relevant assessment tools (CBMT I.A.5,8),
3. build appropriate treatment plans based on case examples (CBMT 1.C.4,6,7,10)
4. understand how to implement attachment therapy in outpatient, inpatient, and home visiting settings (I.C.13 & IV.B.6,7)

Stephan Betz practiced music therapy since 1976 in outpatient, inpatient, and rehabilitation clinics and implemented several nationally known clinical programs. He received the 2001 Betty Isern Howery Award and Commendations from the U.S. Congress, California State, and various County Councils.



For more complete details about all things conference, download the WRAMTA2014 program app from the Google PlayStore or iTunes!

WRAMTA Conference Refund Policy

Activities are planned in advance based on the number of registrants. Full refunds cannot be made. Refunds for cancellations of any conference activities (including Trainings, Institutes and CMTE courses) are available by written request only and must be e-mailed to the Conference Chair at conference1@wramta.org. 80% of fees will be refunded if the request is emailed no later than one month prior to Opening Session. 50% of fees will be refunded if the request is emailed no later than the start of Opening Session. NO requests will be accepted thereafter. Refunds are processed within 45 days after the conclusion of the conference.